Herfstcriterium 2026: Session: 1: Startlist per athlete for TEAM: HZS

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mulkers Lander HEADCOACH

PB => Personal Best time

Athlete: COPERMANS SAM

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 13+	4	6	3	00:29.42	00:29.59	14:40

Athlete: DESAIR ANNA-LOUISE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M FREESTYLE WOMEN 13+	4	2	6	00:33.15	00:34.68	14:35 00:25
100M BACKSTROKE WOMEN 13+	6	4	6	01:20.41	01:22.94	15:00

Athlete: HOUSEN ILYA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BUTTERFLY MEN 13+	5	5	3	01:08.25	01:09.40	14:50

Athlete: LENAERTS JULIA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M BREASTSTROKE WOMEN 13+	2	2	5	03:06.14	03:09.89	14:25

Athlete: SPREUWERS LEI

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M FREESTYLE MEN 13+	1	1	1	02:51.55	03:06.89	14:00 00:30
50M BREASTSTROKE MEN 13+	3	1	4	00:43.28	00:44.86	14:30

Athlete: THEWISSEN MIRTHE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M BREASTSTROKE WOMEN 13+	2	3	6	02:58.91	03:04.11	14:25 00:40
100M BACKSTROKE WOMEN 13+	6	6	4	01:14.03	01:16.55	15:05

Athlete: VANDER MEER AMBER

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M BREASTSTROKE WOMEN 13+	2	3	1	03:03.78	03:09.09	14:25

Athlete: VANDER MEER NOOR

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE WOMEN 13+	6	5	6	01:17.57	01:19.20	15:05